Lesson Four Part Two

Sports Medicine I

Unit Two: Anatomy – Appendicular Skeleton

Lower Extremity

Appendicular Skeleton

Lower Extremity

Tubercle

Tuberosity

Trochanter

Bones of the Lower Extremity

Pelvic Girdle

Pelvis

SI Joint

Femur

Hip Joint

Patella

Tibia

Fibula

Knee Joint

Tarsals

Metatarsals

Phalanges

MP Joint

Identifying Metatarsals & Phalanges

Identifying Phalanges & Joints

DIP

PIP